

## Post-Sedation Instructions

### Moderate Sedation: Post-Sedation Patient Instructions.

Following sedation, 24 hours may be required for the full effects of the drugs to wear off. During this period, it is essential that you follow these instructions.

#### Discharge from office

- The patient must be discharged into the care of a responsible adult who can accompany him/her home.
- Arrangements should be made to have a responsible adult remain with the patient for the balance of the day and during the night.

#### Transport from office

- Private automobile is preferred

#### Food and beverages

- Clear liquids are advised initially and, after that, diet as tolerated.
- Do not drink alcohol in any form for 24 hours.

#### Medications

- Resume normal medications as directed by physician after appointment.

#### Activity restrictions

- Do not operate motor vehicles, boats, power tools or machinery for 24 hours, or longer if drowsiness or dizziness persists.
- Do not operate an aircraft for at least 48 hours following minimal or moderate sedation.
- Do not sign or enter into any legal contract for at least 24 hours.

#### Problems

If you experience any acute pain, heavy bleeding from the surgical site, respiratory problems, or any other post-operative problem of concern please see your regular dentist or your family doctor or go to the closest emergency department. Call our office at 021-4542475 if you have any concerns.